

解説 03

Introduction to Living a Sustainable Lifestyle

－英語で学ぶ「持続可能なライフスタイル」－

【課題のねらい】

この課題は「持続可能なライフスタイル」とは何かを学ぶことを目的としています。またインターネットを利用し、新聞記事や映像などのメディアを通して英語の資料を理解し内容をまとめる練習もおこないます。

【解説】

Through completing this project, you should have a better understanding of the term “sustainable lifestyle”. You should also have a clearer vision of how to lead a more eco-friendly life. The reading and listening website references aim to develop your English language skills and introduce you to new vocabulary. You should keep a list of the new vocabulary with their definitions. This project also gives you good practice in navigating English websites.

If you would like to learn more about sustainable lifestyle and eco-villages, please check the following websites: <https://www.conserve-energy-future.com/15-ideas-for-sustainable-living.php>
<http://www.earthrightsinstiute.org/>

If you would like to find out how sustainable your lifestyle is, please take the ecological footprint quiz on this website: <http://www.footprintcalculator.org/>